

Southern States 200 - Drop Bag Aid Stations

Section	Aid Station	Miles Between	Cumulative Distance	Crew Accessible	Drop Bags Allowed	Aid Station Description
	Mill Creek Start	0.00	0.00	Crew	Drop Bag	
1	Snake Creek Gap Trailhead	16.20	16.20	Crew	Drop Bag	Full Aid Station
2	John's Mountain Overlook	9.71	25.91	NO	NO	Full Aid Station
3	Dry Creek - East Armuchee	13.20	39.11	Crew	Drop Bag	Full Aid Station
4	The Narrows Picnic	12.40	51.51	NO	NO	Water Only or Minimal
5	Mack White Gap Trailhead	8.30	59.81	NO	Drop Bag	Full Aid Station
6	High Point Trailhead, Georgia	9.50	69.31	Crew	Drop Bag	Full Aid & Heated Sleep Station
7	Big Tex at RailTrail	11.90	81.21	No	Drop Bag	Full Aid Station
8	Cave Spring - Rolater Park	16.00	97.21	Crew	Drop Bag	Full Aid & Sleep Station
9	Old Jackson Chapel Trailhead	8.30	105.51	NO	NO	Minimal Full Aid Station
10	High Point Trailhead, Alabama	12.80	118.31	Crew	Drop Bag	Full Aid & Heated Sleep Station
11	Low Point AS at CR 94	7.83	126.14	NO	NO	Minimal Full Aid Station
12	Hill Top Blue Trail at CR 500	13.50	139.64	NO	Drop Bag	Full Aid Station
13	Coleman Lake Campground	14.60	154.24	Crew	Drop Bag	Full Aid & Heated Sleep Station
14	Highrock-FR531	8.00	162.24	NO	Drop Bag	Full Aid Station
15	Fay's Blowdown	13.90	176.14	Crew	Drop Bag	Full Aid & Sleep Station
16	Lost Gulch	14.40	190.54	NO	Drop Bag	Full Aid Station
Finish	Bald Rock Lodge Finish	10.80	201.34	Crew	Drop Bag	Full Aid Station
		201.34				